



## ALTERNATIVELY

# The magic wand with its pulse on your finger

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**T**he idea of using a little hand-held device to detect as yet undiagnosed as well as known health issues may be hard to believe for some. But that's what is happening with the Aculife Magnetic Wave Therapist.

Integrating traditional Chinese acupuncture and preventative medical technology, the light, portable machine is gaining a reputation in both professional and personal arenas in the Far East and here in Ireland as an accurate diagnostic tool and alleviator of pain.

In keeping with the principle on which reflexology is based – that there are reflexes in the feet, hands and ears corresponding to every organ and part of the body – it uses the meridians in the hand and outer ear to diagnose and to stimulate. Effectively, it is acupuncture without the needles.

Distrustful of gadgets yet curious about its success rate, I offer up my hand to put its diagnostic accuracy to the test. Sure enough, my right shoulder which I dislocated and broke shows up, as does backache and low blood pressure – the latter is news to me.

All of this information is garnered in moments, with the machine in 'Detect' mode as I move its electromagnetic wand over my hand. At certain points it touches, I feel a sharp prickly sensation which a map of the hand shows me are the aforementioned areas of weakness in my body.

I take it home to test it further and wake up the next morning cramping with girly pain.

Unable to function, I switch the machine to 'Relieve' mode, place in my ear the moulded ear piece and direct the wand at a point on my wrist associated with the womb. Within a half an hour, the pain has reduced significantly.

As impressed as I am, my experience of this revolutionary

tool is nothing in comparison to a woman recently who was playing around with it.

She got a very strong sensation on her wrist and, based on the area it corresponded to on the acupuncture map of the hand, she went to her gynaecologist to get checked out. She had several growths on the walls of her womb that subsequently had to be removed.

Developed over 16 years by renowned scientists Dr Xia Lei and Dr Chiang Chih Cheng, the device is the result of co-ordinated research in Japan, China and Taiwan into the effects of magnetism and magnetic therapy.

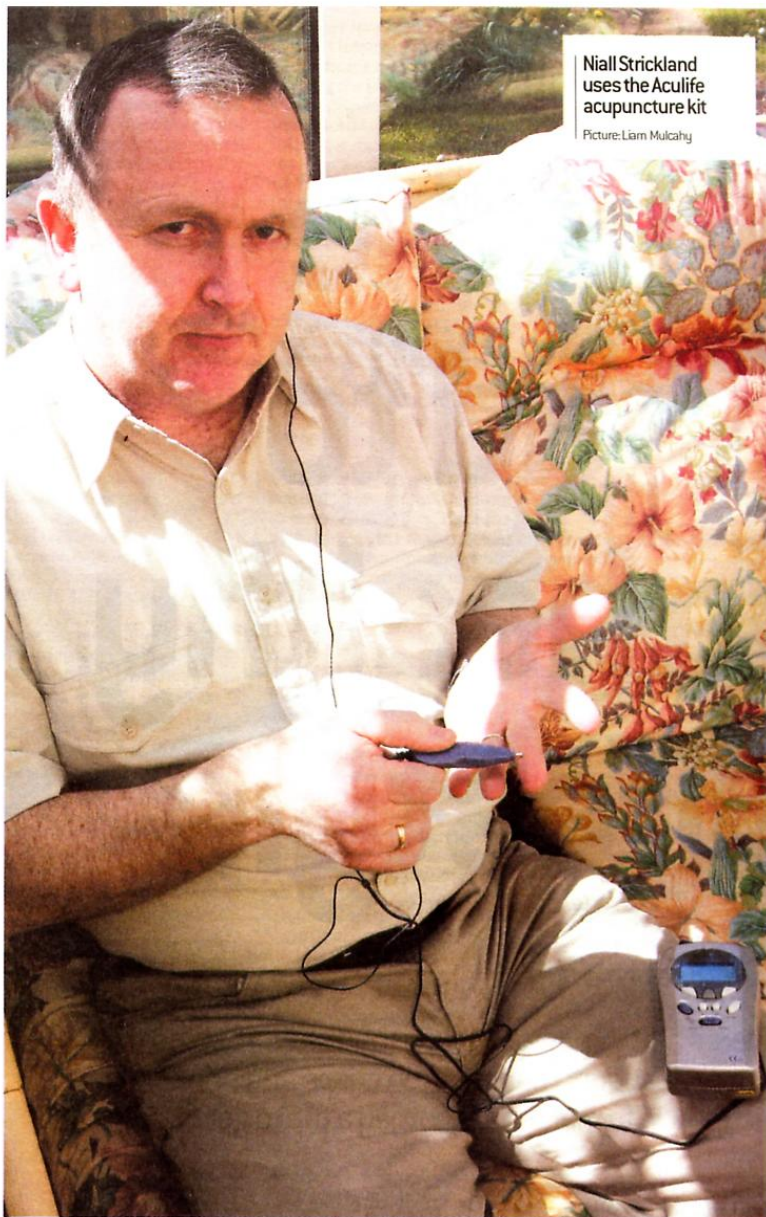
*"It had such an effect on male sexual performance, it was called 'electronic Viagra'"*

With consistently high success rate as a diagnostic tool, it is hardly surprising that increasing numbers of reflexologists are using them.

But when it first came on the market, it made quite a name for itself after a Taiwanese news crew in the Taiwanese capital, Taipei, reported on how the machine was having such a marked effect on male sexual performance, it was nicknamed 'electronic Viagra'.

Its popularity increased further when word spread that no drugs or injections were involved – just the stimulation of a specific point.

**Verdict: Initially it appears pricey but when you consider the cost of individual acupuncture treatments and the diagnostic element to it, it's pretty good value. An Aculife machine costs €299 including tax and delivery by courier nationwide. To order, contact Niall Strickland on 01 624 0841 or log on to [www.aculife-ireland.com](http://www.aculife-ireland.com).**



Niall Strickland uses the Aculife acupuncture kit

Picture: Liam Mulcahy



## Magnetic wave therapy What is Aculife?

### THE FACTS

Effectively Aculife is acupuncture without the needles. Using magnetic waves rather than needles, it is claimed that it provides relief for more than 27 medical conditions such as back pain, migraine, hypertension, asthma, sciatica, tinnitus and high and low blood pressure, in addition to improving circulation by magnetising the blood and boosting the immune system in a non-invasive way, with no side-effects. The portable, lightweight machine only recently became available in Ireland. Niall Strickland, from Lucan, came across the machine in Hong Kong. It correctly diagnosed the disc problem he had and a pain in his shoulder he'd been suffering for the previous month.

"I stimulated the acupoint for the

shoulder for 15 minutes after which the pain was gone and hasn't returned. That was 18 months ago," says the 47-year-old management consultant. Magnetic therapies and acupuncture don't actually 'cure' anything – nor do they ever claim to. Their role is to stimulate the body's natural defence mechanism into action. Aculife does this by creating a magnetic wave from the palm of the hand to the ear and this wave action goes to the root of any blockages in the meridians of the body.

### THE EVIDENCE

The Aculife magnetic wave therapist has been certified in Europe as a class 2A medical device, approved by the US Food & Drug Administration. The World Federation of Clinical Testing has found that the device

showed a 93% success rate on 150 patients in Taipei using bioelectricity on acupuncture points to treat hypertension. A total of 115 cases reported an outstanding effect. Clinical trials are currently taking place in Auteven hospital in Kilkenny with arthritis and rheumatism patients. Chartered physiotherapist Neville Coen has been using the Aculife machine for 18 months with private patients.

"I've used it outside the parameters of normal treatment techniques and I've found it to be very effective especially on painful backs, knees, hamstring injuries and arthritic pain," he says. "One woman had a really bad shoulder pain for years. She rang me afterwards and said for the first time in years she'd been pain-free for two days and wanted another treatment with it."